#### OFFICER DECISION RECORD 2 FORM - GUIDANCE

This form should be used to record Officer Decisions which have a financial impact (income/expenditure) between £25k - £100k.

Decision Reference No: 2018/13/PH/MoveMoreDoncaster

#### BOX 1.

DIRECTORATE: Public Health DATE: 15.08.18

Contact Name: Samantha Blakeley Tel. No.: 01302 862145

**Subject Matter: Move More Doncaster** 

## BOX 2 DECISION TAKEN:

To take the option to extend the contract for Move More Doncaster for 12 months from 01/04/2019 to 31/03/2020. The cost of the extension is £50,000 and this is already included in the Better Care Fund financial plan.

### BOX 3

# REASON FOR DECISION AND ALTERNATIVE OPTIONS CONSIDERED AND REJECTED:

## **Current Description of Service Area**

South West Yorkshire Partnership NHS Foundation Trust was awarded the contract to deliver the Move More Doncaster Service from the 1st April 2016 for 3 years with the option of 2 extensions of up to 12 months each. The service aims to increase physical activity levels of older Doncaster residents through the provision of a series of motivational interviewing based appointments, bespoke physical activity programming and sign posting to a variety of local physical activity sessions of which participants are able to access 12 sessions free of charge. The service also is responsible for the promotion of healthy lifestyle messages appropriate to improving bone health and physical activity promotion.

Outcomes/outputs (or KPIs)

### **Outcomes**

- Supporting people over 50yrs to maintain an active & healthy lifestyle.
- Reducing number of falls in older people.
- Improving bone health through increased awareness.
- Combating loneliness/ encouraging social inclusion.
- Maintaining good cognitive function in older people.
- People over the age of 50yrs enjoying prolonged independence.

## **Key Performance Indicators**

1. Provide a minimum of 250 Doncaster residents aged over 50 years with an

appointment to include functional assessment, health and wellbeing questionnaire and falls prevention advice (some of which may be on a 1:1 basis in the person's home).

- 2. A minimum of 70% of participants having a 3month check. (This could include, for example, an assessment of current activity levels, functional fitness testing, identification of barriers to being more active, goal setting, a measure of wellbeing etc.)
- 3. A minimum of 50% of participants having a 6month check (as per above).
- 4. A minimum of 30% of participants having a 12month check (as per above).
- 5. Provide a minimum of 5 varied physical activity, exercise or sport sessions per week, in a variety of settings across the borough to meet identified need.
- 6. Deliver a minimum of 1 borough-wide marketing campaign per year.

Public Health is currently undertaking a 2 year evaluation report. The findings of this report will determine what we do in the future.

#### OPTIONS CONSIDERED & REASONS FOR RECOMMENDED OPTION:

Option 1: Do not extend the contract

Option 2: Extend the contract for 12 months.

Option 2 is recommended. This option will enable the findings of the evaluation report to be utilised and any changes to the service to be considered and implemented. The cost of this extension is £50,000.

# BOX 4 BACKGROUND PAPERS

NO (If YES please list and submit copies with this form)

DOV 5	
BOX 5 INFORMATION NOT FOR PUBLICATION:	
NIL	
Name: _Claire Hewitt Signature:	_ Date _04/09/2018
Signature of FOI Lead Officer for service area where ODR	originates
BOY 6	
BOX 6 AUTHORISATION:	
AUTHORISATION.	
Signed:Rupert Suckling	Date:30/08/18
Director/ <del>Assistant Director/Head of</del> Public Health	

Does this decision require authorisation by the Chief Financial Officer or other Officer?	
<del>YES/</del> NO	
Does this decision require authorisation by the Chief Financial Officer or other Officer	
YES/NO	
If yes please authorise below:	
Signed:	Date:
Director/Assistant Director of	
Consultation with Relevant Member(s)	
Signed:	Date:
Designation	-
(e.g. Mayor, Cabinet Member or Committee Chair)	
Declaration of Interest /NO	
If YES please give details below:	

PLEASE NOTE THIS FORM WILL BE PUBLISHED ON THE COUNCIL'S WEBSITE IN FULL UNLESS IT CONTAINS EXEMPT OR CONFIDENTIAL INFORMATION

Once completed a PDF copy of this form along with any relevant background papers should be forwarded to Governance Services at <a href="mailto:Democratic.Services@doncaster.gov.uk">Democratic.Services@doncaster.gov.uk</a> who will arrange publication.

It is the responsibility of the decision taker to clearly identify any information that is confidential or exempt and should be redacted before publication.